

NATIONAL STATEMENT ON PRINCIPAL HEALTH AND WELLBEING



Principals of thriving school communities create and build a culture of shared leadership, quality teaching and high expectations for student learning. They engage and work with others to ensure a respectful and inclusive environment for students, staff and all members of the school community. Supporting the health and wellbeing of our principals is an essential ingredient to successful schools and engaged school communities.

Australia's primary principals are increasingly faced with diverse challenges that impact daily on their health and wellbeing. In recognising that every school needs a highly effective school leader, it is paramount that principals are given the trust and support they need to lead their schools well.

Increasing work demands, excessive accountability and compliance requirements, and unrealistic expectations on schools should not be at the expense of a principal's physical, mental or emotional health.

Effective leaders develop and model high levels of adaptive leadership skills – flexibility, resilience, creativity and agility. They also demonstrate a positive health and wellbeing outlook and encourage it in others.

Principals associations embrace the obligation to strengthen the profession, develop our school leaders, and promote practices that support their health and wellbeing.

A handwritten signature in blue ink, appearing to read 'D Yarrington'.

Dennis Yarrington
President APPA

